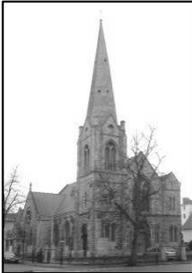


Cheltenham United Reformed Church



In Touch

March 2019



*'Through Faith,
Fellowship and Care
We Affirm that Jesus Is Lord'*

CHELTENHAM UNITED REFORMED CHURCH

www.urch.org.uk

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Welcome to 'In Touch'

The magazine of **Cheltenham United Reformed Church**, a joint pastorate of the three United Reformed Churches in Cheltenham. The three churches work very closely together, sharing this magazine, the website and all activities.



St Andrew's United Reformed Church is in the Montpellier district of Cheltenham town centre. A former Presbyterian church founded in 1885, it became United Reformed on unification in 1972. St Andrew's offers impressive facilities, meeting the needs of 21st century Cheltenham.

Prestbury United Reformed Church is in the heart of Prestbury village on the northern edge of Cheltenham. A former Congregational chapel built in 1866, becoming United Reformed on unification in 1972.



The Church in Warden Hill is a Local Ecumenical Partnership (LEP) between the Anglican (St Christopher's) and URC communities of Up Hatherley and Warden Hill in the south of Cheltenham. Ministry is shared between the URC and Rev Gary Grady of the Anglican South Cheltenham Team Ministry.



Both the Anglican and URC buildings are regularly used for worship.

For other information about the Church in Warden Hill please see 'The Lantern' or visit www.tciwh.org.uk



Jesus said:

*"For where two or three are gathered in my name,
I am there among them." (Matthew 18 v20 NRSV)*

News of the Church Family



We are invited to pray for:

John, Donna, Doreen,
Ann, Joyce, Betty,
Bob and family
The Family of Joy Coskery



Congratulations go to

Margaret and Peter Thomas on their Diamond Wedding Anniversary

St Andrew's Prayer Time

Prayer Time at St Andrew's, led by Bob Alger is at 10.15am on the second Sunday of the month. See you there.

Pastoral Visiting - St Andrew's

If you are aware of any person who is unwell or anyone who requires a visit please contact Ann Lewis who will arrange for one of the pastoral team to visit. e-mail: philann14@talktalk.net

Message from Emmanuel Church, Leckhampton

Our e-mail address here at Emmanuel is changing with immediate effect to officeemmanuelchurchcheltenham@gmail.com and, if you wish to make bookings for the hall, mtgrmemmanuelchurchcheltenham@gmail.com.

**This month's Pastoral letter comes from
Jenny Evans, Elder at St Andrew's**



Dear Friends

As the days lengthen and we get into spring, we can look forward to the important dates in March. The month starts with St David's Day. He was a Welsh Bishop of Mynyw (now St. David's) during the 6th century. His last words to his followers were said to have been "Lords, brothers, sisters, be joyful, and keep the faith and your creed, and do the little things that you have seen me do and heard about. And as for me, I will walk the path that our fathers have trod before us."

This year in the first week of March, we will be celebrating Shrove Tuesday, followed by Ash Wednesday marking the beginning of the 40 days of Lent, this is when our spiritual preparation for Easter begins. Some denominations mark their foreheads with ash on this day. In this action they are reminded that we all come from dust and will return to dust, this is often uncomfortable to us as our society seems to be squeamish about the topic of physical death. Accepting that life is precious, it is important to remember that the local church has the duty to proclaim that all people are made in the image of God and that all people deserve respect, love and to be treated graciously. Lent is also a time for reflection, if we set aside a few moments each day to listen to God, we will find that light will brighten our gloom, hope will replace hopelessness and we will have energy to dispel our weariness.

To return to St. David's final words, "Do ye the little things in life". This suggests that if we treat other people respectfully on a daily basis and put aside some time for contemplation, we should find that all our lives are greatly enriched.

Jenny Evans

St Andrew's Charity for March 2019

MINDSONG

The therapeutic qualities of music have long been known, and Gloucestershire charity **Mindsong** is using music to alleviate the effects of dementia. It works mainly in care homes and day centres, but has recently extended its work into individual sessions in sufferers' own homes. **Mindsong** is not, by its own definition, simply a music group. Its aim is not just to play music, but to get patients involved in making music for themselves. They use musical instruments, mainly percussion which are easy to play, to allow patients to participate in generally improvised music. Therapy sessions cover a period of 6 months, with 12 sessions on a fortnightly basis. "Meaningful Music" singing groups provide opportunities for joining in songs which sufferers may know or remember, stimulating long forgotten memories and again getting them actively involved.

John Standing from St Andrew's sings with Mindsong at Wentworth Court, a residential Home for Dementia patients



Feedback from care homes and day centres confirms that Mindsong's sessions do not simply provide therapy: they can also provide some fun and relief from a debilitating condition. Domiciliary music therapy is a recent initiative for advanced dementia sufferers in their own homes. This offers 12 sessions over a period of 10 weeks and is aimed at alleviating the challenges faced by both patients and their families or carers.

There are currently some 300 trained volunteers in the various activities of **Mindsong** in Gloucestershire, serving over 2,000 dementia sufferers in the county. This is a charity that concentrates on the present day challenges of dementia, improving the life style of sufferers and consequently also the wellbeing of those who care for them.

It is not involved in research into dementia, or what future developments may be: its objective is help now. Its funds are entirely from donations, and they are all devoted to that undertaking. More information is available on the website www.mindsong.org.uk, email admin@mindsong.org.uk or phone at its Tewkesbury office, 01684 273656, mobile 07989 936270

**Cheltenham
Choral Society**

Saturday 6th April
St Andrew's, Montpellier St

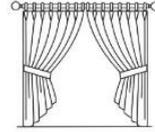
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Spiritual support, prayer and a listening ear
as well as Holy Communion for those who require it.

But they can't help at all if they don't know you're there!

Contact the Hospital Chaplains:

0300 422 4286 Cheltenham general Hospital
0300 422 6200 Gloucestershire Royal Hospital
Ghn-tr.spiritualcare@nhs.net

*****Copied from a Gloucestershire Hospitals poster*****

Candlemas

Ever wondered what Candlemas is?

Rev Gary from St Christopher's explains all.

Also known as the 'Feast of the Presentation of the Lord', Candlemas (or Candle Mass) commemorates three important scriptural events. The first, as the name of the feast day indicates, is Jesus' presentation in the Temple. Anna and Simeon are present, and we hear the Song of Simeon, also known as the Nunc Dimittis. It also marks Mary's fulfilling of the Law, laid down in Leviticus 12, where a woman would offer a sacrifice after the birth of a child. It marks Jesus' first visit to the Temple in Jerusalem

Candlemas is all about light. It falls each year on February 2nd which lies between the shortest day of the year and the spring equinox, thus marking the increase of light as our year unfolds. In our churches, we mark it on the closest Sunday to this date. We call Jesus the 'Light of the World', and in the gospel reading for the feast, Simeon 'took the infant Jesus into his arms and blessed God, saying: "My eyes have seen thy salvation, which has been prepared for all people, a light to reveal you to the nations" (Luke 2.28-32).

Candlemas also marks the end of Epiphany, Christ has been revealed as the Light.

(Reproduced from February 2019 'Lantern')

St Andrew's Lunch Club

St Andrew's URC, Montpellier Street

OPEN to ALL

Does a lovely bowl of thick, homemade soup with a fresh bread roll, followed by a homemade pudding interest you??

Then join us on the 1st and 3rd Wednesday of every month at 1.00pm and bring a friend.

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Do you find it difficult using public transport, or asking friends for a lift?



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is your answer.

Community Connexions is a charity with over 30 years experience of providing an invaluable community transport service throughout Gloucestershire and beyond. The charity aims to improve the quality of life for communities by enabling independence, inclusion and participation through the provision of transport services with a reliable, punctual, safe and fully accessible transport service to customers seeking independence.

During 2018 over 95,000 trips were made, which included 2000 shopping trips and 3000 trips to Day Care centres, enabling those who may be using a wheelchair, or have trouble walking, or need a supporter with them to access places they couldn't get to any other way.

The service costs remain affordable and the volunteer staff are trained and qualified to perform to the highest standards.

Users need to register on 0345 680 5029 or at www.communityconnexions.org.uk. Trips are charged at £1 per mile, with minimum £5 spend. Seven to fourteen days notice is required for booking.

Community Connexions provides accessible transport for many local clubs, groups and residential homes using a minibus driven by one of the highly qualified volunteer drivers. Alternatively local groups can use our vehicles at evenings or weekends providing their own qualified driver.

*Information from www.communityconnexions.org.uk
Research by Alison Veal*

Keeping Cool With Your Friendly Satnav

I'm continuing my campaign to make things easier for everyone this year (see my last month's NYR about alphabetical weekdays). My next project is to make Satnavs more helpful, using more traditional, friendly guidance methods. So, instead of "proceed 200 metres and turn left at the next intersection" my system would have "up the road a bit and left at The Royal Oak": after all that was the usual way wasn't it, with pubs as reference points? Then my Satnav could add helpful advice, like "good pub but the landlord's a miserable so-and-so."

I understand some Satnavs bleep when approaching speed cameras. Why stop at cameras? Why not cover traffic police as well. "Slow down a bit here, the traffic cops hide in the next lay-by" would be jolly useful guidance wouldn't it? And , when you've reached your destination it would be good to hear a friendly voice tell you " wherever it was you were going, you're there" Then again small navigational errors could be indicated, "you've gone past it you fool, back up."

My user friendly Satnavs would also provide an instant solution to the "comfort stop" problem, especially when there are children on board. Satnav guidance on possible stops would surely be universally welcomed. How about "Joe's caff coming up on the left, but only if you're desperate". On the other hand, "Nelly's eatery on the right, just past the King's Arms, clean facilities and good cup of tea." Of course not everyone wants a long drive just for tea and cake, with or without a friendly Satnav.

We can save you the journey, and provide the tea and stuff, **at St. Andrew's Afternoon Tea and Forum on Tuesday 12th March**. Only time will tell how we're rated on future Satnavs. Finally, my new design is easily adaptable for international use, with an added advantage: simple "left" and "right" replace the confusing "East" and "West". So we could leave Bristol for, say, Antarctica and our Satnav would indicate "left hand down a bit". Not stuffy at all you see, and very correct. And it would definitely get us to Antarctica. Just as it did for **Jane Green, whose "Voyage in Antarctica" will be recalled at the Forum on 26th March**. Bring your own Penguin!

The Afternoon Tea and the Forum meet at 2.30 pm in the Garden Room at St Andrew's URC.

Keith Norcott.

Prestbury Coffee Morning

Our next monthly coffee morning will be on:

Saturday 2nd March

From 10.30am until 12.00noon

As ever, the legendary toasted teacakes will be on offer!

There will also be a raffle, cakes and books for sale.

Plenty of conversation guaranteed!



Prestbury Friday Circle

This Social Group has been running at the URC for a couple of years now from 10 am till Noon every Friday morning. Conversation and refreshments guaranteed every week, but sometimes there will be games, quizzes, bingo and live music.

All Welcome – just drop by and see what’s happening!

Fiona Hall

Community Film

at Warden Hill URC Centre
2.30pm (doors open at 2.15pm)

Saturday 16th March 2019

Free entry – Family and Friends welcome
Refreshments available

Future Dates: 27th April, 18th May



The Shallow End

“The Church is like a swimming pool:
all the noise is at the shallow end”
Robert Runcie

When I am safe in the shallow end
with my feet firmly on the floor,
When I am surrounded by the familiar
And content with what I know,

May I hear afresh your gracious invitation
To wade out into deeper waters,
To make new discoveries
And be open to new possibilities.

When I am in deep waters
And feel out of my depth,
When I am beyond my comfort zone
And see and understand myself all too clearly,
When I look with longing
For the safety of the shallow end again,

May I hear your voice saying,
‘Don’t be afraid.’

Wayne Hawkins

Published in URC Prayer Handbook 2019

Lent 2019

At St Andrew's and Prestbury the worship during March will be based on the concept of Prayer. The four topics are:

1. What is prayer?
Biblical examples: Hannah:1 Sam 1v12-18; Daniel 6v10-11; Jesus: Matthew 6v5-15
2. How do we pray?
Psalm 5; Luke 18v9-14; Luke 11v1-13; Luke 22v39-46.
3. Praying for the world
Jeremiah 29v4-7; Acts 13v1-3; Romans 13v1-7
4. Praying with the Psalms
Ps 53v51,107,54; Ps 43; Ps 23

These will not be in the same order in each church.

Lent Study Groups will be based at St Christopher's, TCiWH and the Ecumenical Group which meets on Fridays at 51 Bournside Road
Both Groups will be using the same material. **ALL ARE WELCOME.**

'Seeking Shapes for Living'

A Lent course which will offer a fresh way of exploring what is traditionally called a Rule for Life. The course will explore the whole business of being alive, with ourselves and with God, helping us to hold onto our true beliefs, values and priorities, and leading us to a way of growth, transformation and flourishing.

Mondays -11th 18th,25th, March, 1st, 8th April,
10.30-12pm at the URC Centre Warden Hill.

Tuesdays 12th 19th 26th March, 2nd, 9th April
7.30-9pm at St. Christopher's

Discussion Group

It was a great shame that the snow caused us to cancel the meeting in January. Such an important subject as 'The Apocrypha' needs better weather. The event will be rescheduled.

Thursday 28th March **RELIGION IN ART** (Part 2)
7.30pm at Prestbury

If you have a favourite religious 'art' picture, bring a copy and tell us about it.

ALL WELCOME.

Wednesday Women

The group will meet at St Andrew's on Wednesday 6th March.

Meetings start at 7.30. Please note new starting time. **ALL WELCOME.**

Elspet Carter

Qi Gong at St Andrew's

Gentle exercises especially geared to the needs of older people based on Chinese traditional practice, promoting self-healing and self-regulation of the body.

Thursdays: 7th and 28th March, 11th and 25th April

at 12.15 pm. £5.00 per session.

Contact Lida 01242 233949 lida@blueyonder.co.uk

Look Ahead To Summer!

Members and friends of St Andrew's, Prestbury, and Warden Hill, are warmly invited to come on the Forum summer coach outing on **TUESDAY, 11th JUNE** to **FRIAR'S COURT, near Lechlade**. The visit includes coach fare, admission, a guided tour of the gardens and cream tea and only costs £20.

Look on your church notice board for the sign-up sheet and further details

The visit is highly recommended and should be a really good day out.

Jean Dorman

Musica Vera
Saturday 23 March 2019 - 7.30 pm.
St Andrew's Church, Cheltenham



Enjoy an opportunity to revel in some sumptuous music

Conducted by our Director of Music, *David Dewar*,
Evelyne Beech will be our soprano soloist,
Fiona Brown will accompany on organ and piano.

From Tallis and Palestrina to Mascagni and Elgar we celebrate the achievement of Western music across the European continent. Bach, Handel, Mendelssohn are, naturally, also represented in the programme - with their particular styles informing the historical thread.

This concert is in aid of the St Andrew's Church Spire Appeal.

Annual Appeal for Donations for 'In Touch'

You will find a donation envelope with this copy of the magazine for your annual contribution to the cost of producing and distributing 'In Touch'. The suggested minimum donation is £6 for copies which are collected or delivered by hand, and £12 for copies which are sent by post. Please mark the 'In Touch' box on the envelope to ensure that the money gets channelled correctly via your church collection or your Church Secretary. If there is no envelope, please use any church donation envelope and mark it for 'In Touch'.

If you would like to change to a different size of magazine (normal or large print), change the method of delivery, or if you can dispense with a hard-copy altogether and read the magazine online instead, then please can you contact Fiona Hall via itdistribution@urcic.org.uk Thank you.

Fiona Hall

Footsloggers

The Footsloggers is a **Walking Group** for all ages, abilities and dogs organised by members of the URC in Cheltenham. We meet once a month and do a circular walk of about 3 miles and then have lunch together. As different people organise the walks we visit a variety of areas centred on Cheltenham.

The dates that we are meeting during 2019 are as follows:

Friday March 22 nd	Monday April 15 th
Friday May 17 th	Monday June 17 th
Friday July 19 th	Monday August 19 th
Friday September 13 th	Monday October 14 th
Friday November 15 th	Monday December 9 th
Friday January 10 th 2020	

Our Saturday Evening Social will be held on 2nd November 2019



All are welcome to join us. If you want more information please contact me at jenny21evans@hotmail.co.uk

Jenny Evans

Friday 18th January

A Walk with a difference. More than 20 'walkers' met at Cheltenham College for a talk and tour of the Chapel, arranged by Tim and Dorothy Odell. A fascinating hour was spent listening to the history, and understanding the architecture of the building. The many memorials to those killed while on active service in the wars of the last two hundred years were of especial interest to many.



We followed the visit to Cheltenham College Chapel with refreshment at Moran's Coffee House in Bath Road, then back to St Andrew's for a lunch of soup and pudding, followed by the Footsloggers AGM.

Janet Kemp

ECO

Our first **Repair Café** of the year in February was also one of the busiest. Despite snow the previous day, there was a steady stream of people bringing in items for repair – over 40 items in total. Among these were a golf buggy charger, a portable oven and a bread maker.

The **Show the Love** campaign by the Climate Coalition ran from 5th to 24th February. St Andrew's Sunday service on 17th February used some of the newly provided faith based materials as we joined others across the country using this as an opportunity to continue conversations about climate change. The Climate Coalition's web site encouraged us to take a personal challenge to reduce our carbon footprint.

For more information visit <https://www.theclimatecoalition.org/show-the-love>

Did you take part in the **Big Garden Birdwatch** in January? This year, I spotted a dozen sparrows, a blackbird, a couple of magpies, some pigeons, two great tits and a robin. How about you?

Carol Drummond

Freecycle

If you have any useful items you no longer need that might be of use to someone else please let Ann Lewis know. with full details of the item and please leave your telephone number so we can get back to you.



Call to Local Landlords

Do you want to help create a kinder world?

'Cheltenham Welcomes Refugees' is looking for properties to host refugee families fleeing from war and violence. Working with the government's own relocation scheme, they want to give shelter to those just like us, who need a safe shelter to live their lives in peace. Please email cwr.landlords@gmail.com for enquiries and further information.

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Wednesday Social Group at Warden Hill URCC

9th January

We began the New Year with a full house of members there to enjoy the music of Astrid and Peter Cripps who played us a wide ranging selection of traditional ,folk songs" Astrid gave out a wide range of percussion instruments and we quickly became their back up group not just a set of old groupies. One lady even won a small prize for her accurate time keeping which not all of us, I'm afraid, could match. A good time was had by all. Thank you for a happy start to 2019.

Come and join the Group, for fun and friendship in 2019 and beyond. Don't be shy, a warm welcome awaits you.

We meet on the **2nd and 4th Wednesday afternoons in the month at 2.00pm, at the URC Centre.**

Please spread the word.



John Howe

Regeneration/Repair Café

Is it broken? We can help you fix it.

Regeneration Café volunteers have a go at repairing electrical and electronic items, textiles, small household items and do knife sharpening

**First Saturday of every Month
St Andrew's 10.00am—2.00pm**

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Cheltenham Foodbank –facts and figures

Towards the end of our most successful supermarket collection ever –in December, –an enthused customer asked: "How long will all this food last?" I looked over the list of full crates we'd sent out. I had been hoping for a record breaking two tonnes, and it looked as if we would hit that target. "About a month," I said. She looked blank, then astonished. "A month?" glancing at the piles of filled crates and the trolleys full of bags of cereal.

Over the last year, Cheltenham foodbank has received over 28 tonnes of donated food and has given out 30 tonnes. (We also accept cash and it's useful when we run out of essentials, and to pay bills). So, we give out about 2.5 tonnes per month on average, but that's subject to two provisos. First, input and output are heavily skewed towards December. In December 2018 we received 6 tonnes of food, including 2.7 tonnes at the supermarket collection. In the same month we gave out 5 tonnes. We currently expect to provide food for around 80 people per week, but during the week before Christmas we provided for over 240. Second, there is a constant and noticeable trend up-wards. More clients, a larger proportion of families and children, more stories of real hardship.

Thanks to Harvest Festivals, we still hold over five tonnes of stock at the moment. The next supermarket collection is in May. Our regular donors, including lots of churches, help to keep us going, but stock will be getting low in some essentials by the end of March, and again in August. All tinned or packaged ready to heat/eat foods are welcome, such as tinned meat, fish, fruit, vegetables, and cereals, jam, coffee, biscuits and the like. We also need toiletries. We can't take home-made or opened food items.

We occasionally provide a list of items we especially need. "You only hold five tonnes of stock?" said one supporter, doubtfully. If only we had more to put away for lean times! If only we had somewhere to put it! Space is expensive, it's valuable, it's used. Those in want feel it most at Christmas. We use our ingenuity, we move stock around, we seem to manage. These ups and downs are minor compared to those our clients face

There is a box put out for food at all three Churches every Sunday morning; it's part of our offering, and the food is taken to the foodbank later that week, your help is very much appreciated, all year round.

Trish Burns

(Article from February 2019 'Lantern')

The Pulpit in March

Worship Leaders/Preachers at Prestbury, St Andrew's
and on URC Sundays at The Church in Warden Hill

At St Andrew's

3 rd March	Mr Geoff Tizzard-King
10 th March	Mrs Margaret Marshall (Synod Clerk)
17 th March	Rev Dr Dee Brierley-Jones
24 th March	Rev Stuart Scott (Synod Training Officer)
31 st March	Rev Noel Sharp

Jump 4 Joy is on 17th March, 9.30am, followed by breakfast.
Children of all ages welcome.

At Prestbury

3 rd March	Rev Dr Dee Brierley-Jones
10 th March	No Service
17 th March	Mrs Margaret Marshall (Synod Clerk)
24 th March	Rev Simon Helme (Gloucs URC Area Minister)
31 st March	No Service

At The Church in Warden Hill (St Christopher's)

10 th March	Rev Noel Sharp
------------------------	----------------

Messy Church is on 10th March 3.30pm
at the URC Centre, Warden Hill. Children of all ages welcome.

(For all other Services at The Church in Warden Hill, please refer to 'The Lantern',
www.tciwh.org.uk)



From The Editor

Dear Friends

I wonder if anyone will be going on holiday to Lake Como this year? I have received the following message from the vicar of the English Church there:

“We would welcome any of your Parishioners, Clergy or Staff should they be in the Lake Como Italy With many thanks. Rev Roger Williams”



Of course it is not just Como that has an English Church, wherever there is a concentration of English speakers you are likely to find an English speaking Church. It may not be like home – but have a go, find them out and visit for worship they will love to see you.

*With all good wishes
Janet Kemp*

Please ensure that all items for the next edition of 'In Touch' are with the Editor by midnight on
SUNDAY 10th MARCH 2019
at
magazine@urcic.org.uk

Distribution is on the 4th Sunday of the month. Any alterations to the distribution, e.g. change of address, method of delivery, or cancellation should be sent to Fiona Hall. The current edition of 'In Touch' and some back numbers, amended for legal and privacy reasons, are available on the Church website.

(See inside front cover of 'In Touch' for relevant email addresses)

Views expressed in this magazine are not necessarily those of the Editor, the Elders, the Minister, or of any authoritative body of the United Reformed Church

Diary for March 2019

Sat	2	10.00am	Regeneration/Repair Café	St Andrew's
Sat	2	10.30am	Coffee Morning	Prestbury
Wed	6	1.00pm	Lunch Club	St Andrew's
Wed	6	7.30pm	Wednesday Women	St Andrew's
Wed	6	7.30pm	ASH WEDNESDAY SERVICE	St Christopher's
Thu	7	12.15pm	Qi Gong	St Andrew's
Tue	12	2.30pm	Tuesday Tea	St Andrew's
Wed	13	2.00pm	Wednesday Social Group	Warden Hill URCC
Thu	14	2.00pm	Prayer Group	St Christopher's
Sat	16	2.30pm	Community Film	Warden Hill URCC
SUN	17	3.15pm	Deaf Community Church	St Christopher's
Wed	20	1.00pm	Lunch Club	St Andrew's
Fri	22		Footsloggers	
SUN	24	12noon	TCiWH AGM	St Christopher's
Tue	26	2.30pm	Tuesday Forum	St Andrew's
Wed	27	2.00pm	Wednesday Social Group	Warden Hill URCC
Thu	28	12.15pm	Qi Gong	St Andrew's
Thu	28	2.00pm	Prayer Group	St Christopher's
Thu	28	7.30pm	Discussion Group	Prestbury
SUN	31		MOTHERING SUNDAY	

Diary for April 2019

Wed	3	1.00pm	Lunch Club	St Andrew's
Wed	3	7.30pm	Wednesday Women	St Andrew's
Sat	6	10.00am	Regeneration/Repair Café	St Andrew's
Sat	6	10.30am	Coffee Morning	Prestbury

Regular Weekly Events 2019

** Term Time Only

Monday

10.00am	Prestbury Urchins	Prestbury URC**
5.15pm	Rainbows	Warden Hill URC Centre**

Tuesday

10.00am	St Andrew's Parents & Toddlers	St Andrew's
5.15pm	Brownies	Warden Hill URC Centre**
7.30pm	Bible Study House Group	St Christopher's**

Wednesday

9.15am	Little Shepherds	St Christopher's**
7.00pm	Bellringing	St Christopher's

Thursday

5.30pm	Beavers	St Christopher's**
6.00pm	Brownies	St Christopher's**
6.45pm	Cubs	St Christopher's**
7.45pm	Scouts	St Christopher's**

Friday

10.00am	Friday Circle	Prestbury URC
10.30am	Bible Study House Group	51 Bournside Road**
6.15pm	TCiWH Choir Practice	St Christopher's

(Please see 'The Lantern', Magazine for the Church in Warden Hill for other activities. Ed.)

Advertising in 'In Touch'

We are pleased to negotiate for Commercial advertising in 'In Touch' at the following rates:

Quarter Page	£22 per annum
Half Page	£44 per annum
One off Quarter page	£5

Please contact Advertisements Secretary Brian Smith for further information:
adverts@urcic.org.uk

Church Services

St Andrew's URC

- Every Sunday 11.00am *Morning Worship*
(*Communion Service on 1st Sunday*)
- 3rd Sunday 9.30am *Jump4Joy*
(*an informal short service for all the family*)

Prestbury URC

- 1st Sunday 10.30am *All-age Worship*
- 3rd Sunday 10.30am *Morning Worship*
- 4th Sunday 10.30am *Communion*
- 2nd & 5th Sunday *No service*

The Church in Warden Hill

Sunday morning services are **all** held at **St Christopher's**

- 1st Sunday 10.30am *Family Worship*
- 2nd Sunday 10.30am *Communion in the URC tradition*
- 3rd Sunday 10.30am *Morning Worship*
- 4th Sunday 10.30am *Communion in the Anglican tradition*
- 5th Sunday 10.30am *Morning Worship*
- 2nd Sunday 3.30pm *Messy Church at **URC Centre***

Evening services are at St Christopher's **except** 4th Sunday at URCC

- 1st Sunday 6.00pm *Communion in the Anglican tradition*
- 2nd Sunday 6.00pm *Evensong*
- 3rd Sunday 6.00pm *Evensong*
- 4th Sunday 6.00pm *Evening Worship at **URC Centre***
- 5th Sunday 6.00pm *Choral Evensong*

Weekdays

- Monday-Friday** 8.00 am *Morning Prayer at St Christopher's*
- Tuesday** 10.30am *Communion at **URC Centre***